

Post-op Bra Recommendations:

You will be going home with a bra from the surgery center. It is good to have a few extras to alternate during your recovery. We recommend wearing a wireless bra that is comfortable and that closes (zips, clasps) in the front for at least 6 weeks following your day of surgery. Below are a few bras we recommend.



- Walmart and Amazon
 - Fruit of the Loom: Comfort Front Close Sports Bra, 2 Pack, Style 96014PKC
 - 2- pack is \$16.00



- Target:
 - The Women's Power Shape MAX High Support Front-Zip Sports Bra from C9 Champion®
 - 1 bra \$ 24.99



- Walmart:
 - AVIA- Zip front sports bra
 - 1 bra - \$15.00



- Athleta:
 - Empower Daily Bra In Powervita™
 - 1 bra \$60.00