

## Post-Liposuction Garments

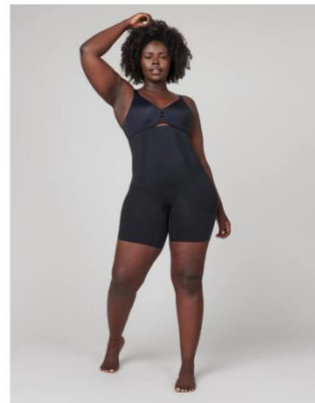
- www.Marena.com has a wide variety of post-surgery compression garments that work great for after liposuction. You can also find similar garments through Spanx.com or on Amazon. Just make sure the garment you order provides snug compression and covers all of the areas on your body where liposuction was performed.
- Below are examples of compression garments we recommend you order BEFORE your surgery.
- We recommend you wear your compression garments 24/7 with breaks here and there as needed for the first 2 weeks after liposuction.

**Liposuction of Waist and/or Back Garments:** Make sure it is high waisted. Getting one with a zipper on it makes it easier to take on and off as well.



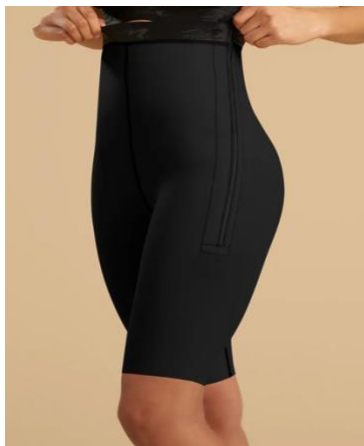
<https://marena.com/collections/womens-post-surgical-girdles/products/lga-compression-girdle?variant=14424324800554>

Best Seller



<https://spanx.com/collections/shapewear/products/oncore-high-waisted-mid-thigh-short?variant=39773540221139>

**Liposuction of Saddle bags/Thighs:** High waisted and needs to go all the way down to just above your knees or below.



<https://marena.com/collections/womens-post-surgical-girdles/products/l1gs-compression-girdle>



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